



GRADE 6 SAFE FOR LIFE FIELD TRIP

Teacher Guide



GUIDE OVERVIEW



Our one-day crime prevention program, directly connected to the Grade 6 Wellness Alberta Curriculum, guides students through our four Safe for Life zones- Drugs, Healthy Relationships, Cyber Safety, and Gangs. Students will participate in hands-on activities and authentic discussions, and learn about real-life issues and skills in each of the four topics. Our goal is to inspire youth to make safe and informed decisions as they navigate the transition to Junior High School. Police perspectives and relevant safety tools are vital components of this program. Students will be led through the experience as official investigators, and will be solving a crime as they navigate the evidence, meet the suspects, and use their learning in our Safe for Life workshops to crack the case.

In this guide, you will find important information to assist you in preparing for attending the Calgary Police Discovery Centre Safe for Life Field trip.

The guide includes:

- An overview of what to expect in this field trip program, including the activities and content offerings.
- Options for additional activities for your class post-field trip.
- A pre-program and post-program checklist.
- Additional important information about how to access the field trip resources, FAQs, and providing feedback to the program.

There are mandatory pre-lessons to complete before the field trip, to introduce the crime that the students will be solving, and the decision making tool that is central to our programming here at the Calgary Police Discovery Centre. They are designed to drum up excitement, and share important initial information that will help to maximize your class's time in the Centre to complete the rest of the activities.

Curriculum Connections

One of the main priorities of all Calgary Police Discovery Centre school field trip programs is to ensure strong curriculum connections between our programming and the Alberta curriculum. Our content and activities in this field trip experience are specifically designed to cover learning outcomes in the Alberta Grade 6 Wellness curriculum.

For a list of the main curriculum connections between our program and the Alberta Grade 6 Wellness curriculum, please see the "Curriculum Connections" document under "Preperation Materials" on the teacher website (link below).

WHAT TO EXPECT- A TYPICAL FIELD TRIP DAY



This schedule represents a typical field trip day. Please note that activities can change due to scheduling changes or late busses.

MORNING

Welcome to the Calgary Police Discovery Centre!

Introduction to our team, our Centre, and the program. Through engaging videos and visuals, students are introduced to a crime they will be solving throughout the day.

Guided Exploration of our Museum

Students will explore the museum guided by our staff, to learn more about modern-day policing and the history of CPS, solve a scavenger hunt, and participate in stations to uncover evidence for the crime.

Safe for Life Workshops

Students will be split into two groups, to travel through our Safe for Life workshops. They will rotate between two workshops before lunch, participating in hands-on activities, scenarios, and discussions.

LUNCH!

Safe for Life Workshops

Students will be split back into the two smaller groups, to travel through our Safe for Life workshops, completing the remaining two topics through hands-on activities, scenarios, and discussions.

Program Conclusion

Students will come back together as a group, to put their critical thinking skills to the test and solve the crime with the evidence they have found throughout the day. They will also participate in a meaningful reflection about the choices and consequences of the youth involved with the crime, relating to their learning in the Safe for Life areas.

AFTERNOON

WHAT TOPICS WILL WE COVER ?



As your students participate in our Safe for Life Field Trip, they will be learning how to think critically and reflect on personal choices, to make safe and informed decisions. In consultation with experts and Police Officers in the Calgary Police Service, we have picked the most important and relevant knowledge to share with our school groups in our four core topics .

Key Themes Include:

HEALTHY RELATIONSHIPS

Through nuanced and age-appropriate hands-on activities and discussions, students will tackle relationship topics such as boundaries, communication, bullying, and tricky relationship dynamics, as well as learn about the spectrum of relationships and when to go to a safe and trusted adult.



The key themes in our Drugs Safe for Life workshop include understanding the differences between legal and illegal drugs, the consequences of drug use, and learning how to say no through discussions of real-life scenarios.

DRUGS

CYBER SAFETY

At the Calgary Police Discovery Centre, we strive to keep our programs as relevant as possible. One of the topics we will be covering with the youth in this workshop is **sextortion**, which is the act of blackmailing a young person with intimate images and videos. This is a current trend that is of the utmost concern of the CPS Cyber Crimes Unit, and a major concern for youth all over the world. This topic will be addressed carefully, respectfully, and in an age-appropriate manner.



GANGS



Gang activity is a real issue in the City of Calgary, that we aim to educate and inform our students about in an approachable yet honest way. In this workshop, students will learn about the myths and realities of gang life, choices and consequences of gang life through the lense of a Calgary-based story, and the tactics of gang recruitment of youth.

TEACHER RESOURCES AND PROGRAM CHECKLISTS



You will find all of the resources and materials needed to prepare for the field trip on this following private website:

<https://youthlinkcalgary.com/safe-for-life-field-trip-documents/>

Preparation Materials:

This section of the website contains all of the supporting materials you will need before the field trip, including:

- A letter to give to parent/guardian chaperones attending the field trip, and a field trip information letter to send home to families prior to your field trip date.
- The program curriculum connections.
- The **mandatory pre-lesson plans** and supporting materials needed to complete it with your class.



MANDATORY PRE-LESSONS



- We kindly ask that you complete these lessons before your field trip, to introduce the crime that the students will be solving throughout the day, and the safety decision-making model that is core to our crime-prevention programming during the field trip. It is designed to drum up excitement in your class about the crime they will be solving at the Calgary Police Discovery Centre, and shares important initial information that will help to maximize your class's time in the Centre to complete the other activities and programs.

Post-Program Materials:

This section of the website contains the following and will indicate if it is mandatory or optional:

- A PDF copy of our Smart Choices Checklist, that you can print for your classroom.
- A link to our student survey- **please complete this mandatory survey with your students after attending our program.** We rely on student survey results in our reporting to donors and sponsorships.
- A teacher resource sheet with more resources to share with your students should they approach you with an issue or crisis that you are supporting them with, and want to connect them with some community organizations.
- Optional activities to extend learning about our four Safe for Life topics.

Teacher Field Trip Checklist

Field trip prep:

- ☐ Complete your pre-program information request (will be sent closer to your field trip date)
- ☐ Review the teacher guide
- ☐ Send out parent/guardian and chaperone letters (as desired)
- ☐ Review curriculum connections as needed
- ☐ Complete the **mandatory** pre-field trip lessons with your students

Post-field trip:

- ☐ Have students complete the **mandatory** survey (1-2 weeks post-trip)
- ☐ Review the teacher resource sheet
- ☐ Complete the post-field trip lessons with your students as desired
- ☐ Check out the free classroom posters provided



FAQS AND FEEDBACK



Where do I find the program lesson plans and other resources?

- All resources and lesson plans can be found at:

<https://youthlinkcalgary.com/safe-for-life-field-trip-documents/>

When will my pre-program information request be scheduled?

- Our program coordinator will be reaching out to you by email a few weeks prior to your field trip to go over the final details of the experience. At this time we will confirm your arrival and departure times, student numbers, and behavioral and accessibility concerns.

Why do we no longer have to choose between Safe for Life topics?

- In our Safe for Life field trip, it was important for us to ensure that every student gets the opportunity to participate in a workshop in each of our four safe for life areas. Now, all students coming for this program will be provided with the same experiences, skill-building, and knowledge across the four safety topics.

How long should I book the bus for this field trip?

- For this program, please book the bus for 4.5 hours. We will not be able to accommodate bus times of less than 4 hours.

For more field trip FAQs, please visit our school field trips website page:

<https://calgarypolicediscoverycentre.com/safe-for-life/>

Feedback

We welcome all feedback to keep our programs current and relevant. We kindly ask teachers and parent/guardian chaperones to fill out the program feedback survey that you will be given at the end of your field trip. Please feel free to send us an email with additional feedback.

We look forward to hosting you and your class in the upcoming school year! Please do not hesitate to contact us if you have any questions or concerns.

Please direct any questions or concerns to:

Booking Coordinator- Breanna Shorter: bshorter@calgarypolice.ca

OR

Program Coordinator- Paige Wilford: pwilford@calgarypolice.ca

