



Grade 6 Safe for Life Field Trip Curriculum Connections

The following are the key learning outcomes that connect our programs to the Alberta Grade 6 Wellness Curriculum. Relevant knowledge, understanding, and skills/procedures for each learning outcome are outlined below.

Learning Outcome: Students connect strategies for well-being to life opportunities and life- long learning.

Knowledge and Understanding:

- Independence includes having the confidence and ability to make decisions to try new or challenging activities.
- Learning can occur through challenging and adverse experiences.
- Learning is a lifelong process.

Skills and Procedures:

- Reflect on personal skills and interests for continued development and growth.
- Relate strategies to achieving goals in a variety of contexts.

Learning Outcome: Students examine risk and identify the factors that influence action.

Knowledge and Understanding:

- Considering possible outcomes can inform decisions regarding consent in risk-taking activities.
- Individuals can seek assistance when experiencing unwanted attention, communication, or images.
- Safety risks associated with use of digital technology include: intrusion of privacy, bullying, misinformation, inability to properly request, obtain, or give consent, exploitation.
- Safe online, digital technology, and social media practices can reduce risk.
- Aspects of life impacted by risk include: mental health, physical well-being, safety.
- Several risks connected to substance use can have short-term and long-term effects.
- Risk has potential to positively or negatively impact several aspects of life.

Skills and Procedures:

- Discuss how feelings associated with risk taking affect actions and decisions.
- Assess safety and vulnerability risks associated with use of digital technology. Identify potential harms from online and social media use.
- Explain how to deal with unwanted attention, communication, or images. Describe consequences that may result from risk taking in various contexts.
- Recognize the risks associated with substance use. Identify positive choices and actions that can reduce risks associated with substance use.

Learning Outcome: Students consider and describe a variety of perspectives that support the development of healthy relationships.

Knowledge and Understanding:

- Positive social behaviours include: respecting others, helping others, being honest, acknowledging diversity.
- Empathy involves trying to understand or share the feelings of another person.
- Healthy relationships require consideration for different opinions, thoughts, feelings, beliefs, and needs.
- Development of empathy can reduce bullying behaviours.

Skills and Procedures:

- Demonstrate positive social behaviours to develop and maintain healthy relationships.
- Identify how the consideration of others' perspectives contributes to empathy.
- Examine how empathy toward others with different perspectives supports healthy relationships.